



FOR
PROFESSIONAL &
EXECUTIVE
WOMEN

UPBEAT

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Joyce Fowler

Joyce Fowler retired a couple of years ago after over 36 years of professional employment in Columbus. Positions she has held included Director of Volunteer Services at DFACS, Director of Personnel and VP of Affiliate Relations at Synovus, and Director of the CSU Career Center.

Joyce has taught classes to company managers and supervisors on all areas of leadership and human resource topics. On the college level, she provided classroom instruction in psychology, sociology, and public speaking, as well as hundreds of hours on job search, goal setting, and leadership topics. This also afforded her the opportunity to provide related programs through community outreach. Almost all of her work life has been in a position of problem-solving with a diversity of individuals and audiences which afforded her an opportunity to learn many life lessons.

One of her current activities is working on a post retirement goal of acquiring Master Gardener status. There is a lot we can learn about life from nature.

Presidents Article



Turning 50!!!!

I have been dreading this day for a few years but it came on October 6th and to my surprise it was a great day! My friends decorated my office space with skeletons, denture cleanser, signs, and many other items I will not mention. Everyone in the office wore black to participate in my mourning. We had great food and cake and everyone enjoyed making jokes about my "old age". It was a wonderful day! I am so blessed to have a great family and wonderful friends that would take the time to make my day special. As a friend described turning 50...it is a lot like a colonoscopy...the days leading up to it are much worse...And by the way, have scheduled one of those...another great thing about turning 50!!!!

Here are few quotes I thought you would enjoy:

"Looking fifty is great if you're sixty." Joan Rivers

"Forty is the old age of youth: fifty is the youth of old age." Unknown

"If I knew I was going to live this long, I'd have taken better care of myself." Mickey Mantle

"Aging seems to be the only available way to live a long life." Daniel Francois Esprit Auber

"I'm not 50, I'm 49.95, plus tax!" Unknown

"The man who views the world at fifty the same as he did at twenty has wasted thirty years of his life" Muhammad Ali

"Middle age is when your age starts to show around your middle." Bob Hope

"They say that age is all in your mind. The trick is keeping it from creeping down into your body" Unknown

Here is a birthday wish I received.... Happy 20th Anniversary of your 30th Birthday!!!

Thanks to everyone for the birthday wishes!!

Durona Courington

Member News

- Anyone interested in serving on a board of the City Government, please contact Clerk of Council Tiny B. Washington at (706) 225-4013 for additional information
- Realtors are having an auction October 22, at the Columbus Board of Realtors building (2512 Warm Springs Rd) with a live auctioneer, public is invited. Each Christmas we sponsor foster children with presents, Santa and refreshments, last year to bought for 75 children. This event is our major fundraiser for the year, refreshments will be served 5-7 provided by Guaranty Mortgage. Also we are accepting items that we can auction off.
- Michelle Justice's daughter, Heather was invited to speak at a International Conference on Analytics in Washington DC in two weeks. It was a huge honor to be chosen to do this.

Community Events

October 9 & 10, 16 & 17, 24 WALK WITH THE SHADOWS: Downtown Columbus 8 PM. Walk the path of the spirit realm, hear about unexplained murders, haunted houses, and accidental deaths as well as the ghosts that still haunt the river's edge on this one-mile, lantern-lit walking tour. Recommended for ages 13 and up. Admission charged. Tours originate at the historic Columbus Marriott. For more information, call (706) 992-9461. Website: www.southernodysseys.com

October 15-17, 22-25, & 29-31 THE STAR-SPANGLED GIRL: Springer Opera House, 7:30 PM all days except for the 25th; 2:30 PM on the 25th. Politics meets romance in this romp by the king of Broadway comedy, Neil Simon. To purchase tickets, call the box office at (706) 327-3688. Website: www.springeroperahouse.org

October 17 LORETTA LYNN: Bill Heard Theatre, RiverCenter for the Performing Arts, 7:30 PM Admission charged. Purchase tickets on-line or call 1-888-332-5200. Website: www.rivercenter.org

October 17 ARTS ON THE RIVER: 1100 block of Broadway 11 AM - 5 PM Fine arts show and sale with food on site and entertainment, exhibits by Cultural Arts Organizations. Art show has cash rewards. Free Admission. For more information, call (706) 323-8139. Website: www.artsontheriver.com

October 30 - November 1 CHRISTMAS MADE IN THE SOUTH: Columbus Convention & Trade Center 10 AM - 8 PM on the 30th; 10 AM - 6 PM on the 31st; and 11 AM - 5 PM on the 1st. Admission charged. For more information, call (706) 327-4522.

TAP Update

Donna Morgan, Dee Langford, and Wanda Johnson attended our organization's first faculty meeting with the staff of The Teenage Parenting Center. We were introduced to the faculty by Principal Pat Turner. We learned a few things at this meeting, but I think what resonates most in our minds is the huge attendance problem that occurs at the school. Approximately 25% of their students had been absent on the Monday prior to the meeting. Any ideas on how we might be able to help them improve in this area are deeply appreciated.



Wanda and Dee had previously asked that the faculty members participate in a needs assessment and from that assessment, create a "wish list" for us to present to the membership. The list was presented to us and we now present it to you for your consideration. We would also like to give a special thank you to six of our members who have volunteered to present a workplace and career preparation skills workshop to the TAP students on October 20, 2009 at 12:00PM. The six volunteers are Sommer Bundy, Michelle Justice, Cathy Phillips, Jean Richardson, Mary Stewart, and Nancy Williams.

The PIE Board is always looking for volunteers and additional Network Members to participate in being a Partner In Education. If you are interested in giving of time, money or ideas, please speak with Wanda Johnson or Dee Langford for more information and always thank you to Wanda and Dee for the tremendous amount of work they put into to making this program so successful .



TAP Needs List

HP #15

HP #17

HP #21

HP #22

HP #97

HP #96

HP #49A

HP #74/75

HP #45/78

HP #56

HP #57

HP #45

HP #78

Epson #78

Epson #45

Toner (Kyocera FS10200)

File folders

File labels

Piggy Banks

Transparency markers (assorted colors)

Transparency markers (black)

Transparency sheets

Visa-View Markers (black)

3 ring binders - 1" wide

3 ring binders - 1 ½" wide

3 ring binders - 2" wide

Dura Brite ultra, T060120 black, T060220
Cyan, T060320 Magenta, T060420 Yellow ??

5x7 index cards (unlined) (200)

11x14 paper (3 reams)

Glue sticks

Scotch tape

Notebook paper

Ink pens

Pencils

White board markers (Expo markers)

Spanish/English dictionaries

Composition books/theme books

Pen/pad combo sets for classroom prizes

Graph paper

Protractors (any measurement)

Construction paper

Colored paper



Birthdays

October

01 Kim Rozycki
06 Durna Courington
07 Karen Cole
10 Wanda Johnson
11 Ruth Brown
19 Laura Grantham
27 Nancy Williams

November

01 Judy Talley
06 Sunny Rinker
15 Becky Meeks



Hope this does not happen to anyone but when I say it I thought that it was TOO funny not to share. Little bit of SPOOK for Halloween also.

2009 Lunch Dates

Reservations are required.

October 23
November-Annual
Meeting TBA

Lunch meetings are held on the fourth Friday of each month at Green Island Country Club (except December). Lunch is served at 11:45 AM. Come early and enjoy *networking* beginning at 11:30 AM.

Prospects are encouraged to attend two lunch meetings prior to applying for membership. See a Board Member or the Registration Table at a luncheon to obtain an application and find out more about the qualifications for membership.



Breast Cancer Awareness Month

Board of Directors

President

Durona Courington (706) 320-2704
St. Francis Hospital

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CB&T

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Kim Rozycki (706) 569-3055
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Hospitality

Susan Henderson (706) 569-3063
CSU

Special Events

Joy Hamilton (706) 596-3062
Communicorp

Awards

Linda Kennedy (706) 327-4112

Partners In Education

Wanda Johnson (706) 569-7992
Columbus Hospice
Dee Langford (334) 732-1473
Delong Global Marketing

Web Master

Judy Talley (706) 649-6400
Business Resource Center ext. 1204

Newsletter Editor

Sommer Bundy (706) 649-2632
CB&T

Next Meeting Friday October 30, 2009

Green Island Country Club at 11:45 AM.
Remember: Make your reservations today by faxing the reservation form, reservations on the web, www.NetworkForProfessionalWomen.com e-mail, jtalley@pilink.org or call Judy Talley at 649-6400 ext. 1204.

Reservation DEADLINE:
October 28, 2009

Do You Have News?

This newsletter is for all members of Network. It is for sharing news of job promotions, job openings, calendar events, family announcements and special awards.

To get your news in *Network UpBeat*, send your articles to Sommer Bundy email: sommerbundy@columbusbankandtrust.com, sunshinesgb@gmail.com or call (706) 649-2631

2008 Board Meeting Dates:

Network Board meetings are all scheduled from 12 Noon to 1:15 PM in the Pastoral Institute's Classroom.

October 27
November TBA

