

# Network News

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## Network for Professional and Executive Women

*Enhancing Women's Lives Through Cooperation, Understanding, and Giving*



### Volun MARCH PRESENTATION - 10 WARNING SIGNS OF ALZHEIMER'S

*David Marlowe  
Alzheimer's Assoc.*

David Marlowe is the Director of Programs & Services for the Columbus/Chattahoochee Valley region of the Alzheimer's Association. David is a graduate of Carver High School in Columbus and of Georgia State University in Atlanta. He is a former Nursing Home Administrator and has served in several capacities in nursing homes, retirement communities, a long-term acute care hospital, and a home health company.

David began his association with the Alzheimer's Association in 1994 as a volunteer and has served on the Board of Directors of its Columbus office before accepting his current position in July of 2013. David Marlowe participated in his first Memory Walk (now the Walk to End Alzheimer's) in 1994 and has walked every year since then in six different cities. His passion is to educate people about Alzheimer's disease and help care partners and caregivers successfully navigate through their experiences. David is married to Joyce and they have two children, two grandsons and a 16-year-old Yorkie named AnnaStasia.

For more on the Alzheimer's Association, visit <http://www.alz.org/georgia/>

### WOMEN'S HISTORY TRIVIA\* (Answers on page 3)

- 1) What year did Congress declare March as Women's History Month?
- 2) Who said "I alone cannot change the world, but I can cast a stone across the waters to create many ripples."?

## PRESIDENT'S MESSAGE

Hi everyone! I hope this finds you all well and enjoying our spring-time weather so far. Of course, pollen is just around the corner but that's a small payoff. ;) Network is in full swing for 2015 with great programs and special mixer/events on the horizon. Our featured speaker for this month's meeting will be David Marlowe with the Alzheimer's Association (see details on page one). So many of us have loved ones who suffer or have suffered from this cruel disease. Did you know in the United States one person develops Alzheimer's every 67 seconds?

We hope all of you attend this important presentation.

On another note, our Membership Chair Jann McMahan has been reaching out to members who have yet to pay their dues for this year. We hope to get everyone caught up and add several new members as well. Remember to throw your "invitation cards" in your purse and invite friends and co-workers to be part of this great organization! If you need more cards, please contact Mary Heisey and she'll be glad to help. Thanks to Ursula Dietz for jumping in and working

so hard to improve our presence online and in social media.

That said, please remember to post, share, repeat! The more traffic we get on our Facebook, Twitter and Instagram pages, the better odds of increasing the awareness and membership of Network.

Thanks and we'll see everyone on March 27th.

*Cheryl Myers*



## MARCH MEMBER SPOTLIGHT — DEBI JOHNSON



Debi Johnson is the Manager/Event coordinator for Lake Pines Event Center in East Columbus. The rustic, classic setting is perfect for weddings, corporate events, parties and even camping. Visit the [Lake Pines website](#) for great photos and information on how to book your next event.

## 2015 Officers



**President & Newsletter Editor**  
Cheryl Myers



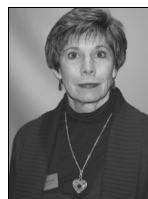
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Ursula Dietz

## MEMBER NEWS, ANNOUNCEMENTS & LINKS



### March/Mid-April Birthdays:

Dagmar Shytle—April 19  
Evelyn Tolbert—March 22  
Sommer Bundy—March 22

**Remember: Network will be collecting items for the at-risk girls living at [Anne Elizabeth Shepherd Home](#) (part of Twin Cedars).**

#### Please bring:

- Undergarments & socks
- Hygiene Items
- Games, Puzzles
- Twin Sheets

**Also: we will be putting together a basket for the annual Hope Harbour auction. Bring items for the basket, monetary donations for gift card purchases or perhaps a gift certificate from your business to our March meeting.**

### 2015 Meetings:

March 27	July 24
April 24	August 28
May 22	September 25
June 26	October 23
	November 20

### Coming Events

#### April 15 from 9-11AM:

#### Helping @ Easter Seals

Easter Seals of West Georgia has asked Network to send at least 8 volunteers to do fun "outside art" projects (bubble art, finger painting, etc.) with the children.

#### April 30 from 5:30 - 7:30PM @ the W.C. Bradley Co. Museum:

**Bidding for Hope Silent Auction** for Hope Harbour

## TRIVIA ANSWERS FROM PAGE 1

1) **1987!** Women's History Month had its origins as a national celebration in 1981 when Congress passed Pub. L. 97-28 which authorized and requested the President to proclaim the week beginning March 7, 1982 as "Women's History Week." Throughout the next five years, Congress continued to pass joint resolutions designating a week in March as "Women's History Week." In 1987 after being petitioned by the National Women's History Project, Congress passed Pub. L. 100-9 which designated the month of March 1987 as "Women's History Month." Between 1988 and 1994, Congress passed additional resolutions requesting and authorizing the President to proclaim March of each year as Women's History Month. Since 1995, Presidents Clinton, Bush and Obama have issued a series of annual proclamations designating the month of March as "Women's History Month."

2) **Mother Teresa (1910—1997)** Blessed Teresa of Calcutta, MC, commonly known as Mother Teresa was a Roman Catholic religious sister and missionary who lived most of her life in India. She was born in today's Macedonia. Mother Teresa founded the Missionaries of Charity, a Roman Catholic religious congregation, which in 2012 consisted of over 4,500 sisters and is active in 133 countries. They run hospices and homes for people with HIV/AIDS, leprosy and tuberculosis; soup kitchens; dispensaries and mobile clinics; children's and family counseling programs; orphanages; and schools. Members must adhere to the vows of chastity, poverty and obedience as well as a fourth vow, to give "wholehearted free service to the poorest of the poor". Mother Teresa was the recipient of numerous honors including the 1979 Nobel Peace Prize. In 2003, she was beatified as "Blessed Teresa of Calcutta". A second miracle credited to her intercession is required before she can be recognized as a saint by the Catholic Church.

Source: National Women's History Museum & Wikipedia

Visit us! [networkforprofessionalwomen.com](http://networkforprofessionalwomen.com)



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