

# Network News

February 2015

Volume 32, Issue II



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## Network for Professional and Executive Women

*Enhancing Women's Lives Through Cooperation, Understanding, and Giving*



### FEBRUARY PRESENTATION - COLUMBUS REGIONAL'S MOBILE UNIT

*Sheri Burdell, RN, BSN  
Mobile Unit Coordinator*

Sheri Burdell has worked in the field of Nursing for nearly 25 years. The focus of her work has been to reach out to patients and their families, in times of crisis and uncertainty that comes with illness and even end of life. Sheri has worked as a Hospice Nurse and Administrator, as well as having experience in many areas in the Hospital setting such as the Emergency Room, Cath Lab and Intensive Care. She received her Associates Degree from the University of Mobile and her Bachelor's Degree from the University of South Alabama.

Sheri has a deep commitment to reaching out to the community, to come alongside those that are in need. There are so many opportunities in this world, to help others and assist them when they need it most. Sheri has worked in medical missions in Mexico, as well as local outreach, here in our own communities. Sheri is a wife, mother and grandmother of several precious little ones. She enjoys spending time with her family and enjoys sewing, cooking, and cycling.

The **Columbus Regional Mobile Unit** provides support and education for the residents of the Greater Columbus area. It focuses mainly on health-related issues like cardiac problems, hypertension, strokes and diabetes. It also educates residents on childhood obesity, firearm safety, and STD awareness.

### WOMEN'S HISTORY TRIVIA\* (Answers on page 3)

- 1) Who was the first known American woman to advocate for our right to vote?
- 2) Who was responsible for making Thanksgiving a national holiday?
- 3) Whose research on the horrible conditions of insane asylums is credited as the first piece of social research conducted in America?

## PRESIDENT'S MESSAGE

Greetings from a chilly February morning. I hope everyone had an enjoyable Valentine's Day. In speaking with a girlfriend of mine, she referred to her pre-Valentine's celebration as "GALentine's" - a get-together with her female buddies. What a great idea! We all need our girls, don't we? ;)

At the Network Board meeting last week, we discussed our membership. Currently, there are 41 ladies in this great organization and we hope through our communication efforts and incentive programs (like

whomever recruits the most new members will win a ticket to the Jim Blanchard Leadership Forum in August) that number will increase significantly. There are still a few of us who have yet to pay their dues for 2015. It is the decision of the board that if dues are not paid by March 1, those members will be considered inactive. Starting in 2016, we will change that date to February 1. Just think of what you get for your \$225: a phenomenal lunch at Green Island every month, a chance to network with fellow professional women, an

opportunity to learn and grow in your organization, front row seats to great speakers and presentations, special events, and much, much more. I look forward to seeing you on the 27th as we learn about the mobile care unit our community is so fortunate to have.

*Cheryl L. Myers*



## FEBRUARY MEMBER SPOTLIGHT — URSULA DIETZ



Ursula Dietz will celebrate her 10-year-anniversary on April 1 (yes, April Fool's Day!) as the owner of Bare Ware Pottery Studio on Woodruff Road. Ursula was born and raised in Germany and came to the U.S. 23 years ago. Her professional history includes working for: Bosch-Siemens Munich in Marketing and the small appliances department, Corning Ceramik (catalytic converters) in Kaiserlautern, and being self-employed for four years. When she moved to the States, Ursula was a stay-at-home mom for 12 years. She has five boys aged 17 - 31, one grandson, and a granddaughter on the way. In what little spare time she has, Ursula enjoys cooking, traveling, cycling, arts and crafts, and, of course, spoiling her grandson.

### 2015 Officers



**President & Newsletter Editor**  
Cheryl Myers



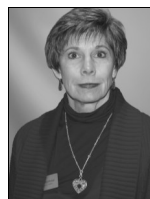
**Treasurer**  
Cheryl Tate



**Awards**  
Emily Rosher



**Vice President**  
Kim Rozycki



**Membership**  
Jann McMahan



**Partner in Community**  
Laura Brooker



**Secretary**  
Mary Stewart



**Special Events**  
Mary Heisey



**Website & Social Media**  
Ursula Dietz

## MEMBER NEWS, ANNOUNCEMENTS & LINKS

### February & March Birthdays:



Mayor Teresa Tomlinson—Feb. 19  
Jann McMahan—Feb. 25  
Rep. Debbie Buckner—Mar. 4  
Emily B. Rosher—Mar. 14

During the February and March meetings, Network will be collecting items for the at-risk girls living at [Anne Elizabeth Shepherd Home](#) (part of Twin Cedars).

#### Please bring:

- Undergarments & socks
- Hygiene Items
- Games, Puzzles
- Twin Sheets

### 2015 Meetings:

February 27	June 26
March 27	July 24
April 24	August 28
May 22	September 25
	October 23
	November 20

### Coming Events

#### Sat. Feb. 21:

11AM-3PM—Oxbow Meadow Clean-up drive

#### Sat. Mar. 7:

7AM—Open Door Classic Walk & 5K run

#### Sat. Mar. 7 & Sun. Mar. 8:

Chattahoochee Valley Camellia Society  
Camellia Show at the Columbus Museum

#### Sat. Mar. 14:

11AM—2PM Purse Party for Pets at River Mill  
Event Centre

## TRIVIA ANSWERS FROM PAGE 1

1) **Abigail Adams (1744-1818)** is best known as the wife of John Adams, the first Vice President and second President of the U.S., and as the mother of John Q. Adams, the sixth president. Historians found out about her personal life through reading the many letters she wrote her husband. In one dated March 1776, Abigail asked her husband to “remember the ladies” when he and the other male politicians wrote the Constitution and provide women with the right to vote. Like other people from that time, her husband laughed at the idea, and women did not gain the right to vote for decades, in 1920.

2) **Sara J. Hale (1788-1879)**, a writer and the editor of a popular women’s magazine, *Godey’s Ladies Journal*, published numerous editorials urging several American presidents when they were in office to nationalize the celebration of Thanksgiving. Sarah had always celebrated Thanksgiving because it had been a holiday in New England since the 17th century and she thought it was important for everyone in the country to celebrate it. Sarah’s hard work paid off in 1863 when President Abraham Lincoln issued a proclamation declaring Thanksgiving a national holiday.

3) **Dorothea Dix (1802-1887)** spent most of her life advocating for the humane treatment of the mentally ill. Over the years, she traveled from state to state, and later country to country, systematically observing and gathering data on how poorly the mentally ill were treated; most were given inadequate food, little clothing, were locked in jail cells, and many were chained to the walls. She lobbied state and national legislatures to create humane, state-supported institutions. By the time she died, she had inspired the construction of thirty new institutions.

Source: National Women’s History Museum

Visit us! [networkforprofessionalwomen.com](http://networkforprofessionalwomen.com)



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