



Network News



For Professional and Executive Women

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ENHANCING WOMEN'S LIVES THROUGH COOPERATION, UNDERSTANDING AND GIVING

Luncheon Guest Speakers—College Resource Center, LLC Jean Flowers, Genie Mize, Hope Phillips

Jean Flowers was educated in the Durham City Public Schools, received her B.A. degree in Education from the University of North Carolina – Chapel Hill, and began her career as a Financial Aid Officer at the Atlanta College of Medical and Dental Associates. She later moved to Columbus where she did some post graduate studies at GA State at Fort Benning in Counseling. She retired from Greystone Properties, LLC after 18 years as Broker/Associate Broker.

Genie Mize is a native of Columbus and was educated in the local public schools. After receiving her B. S. degree in Finance from Auburn University, she worked for Blue Cross Blue Shield, W. C. Bradley and Synovus, specializing in leadership development, corporate and management training and recruitment during her career. After retiring from Synovus, Genie worked as a substitute teacher for the MCSD and continues to provide contract services for CB&T.

Hope Phillips has taught elementary, middle, and gifted education in public, private, and parochial schools in Alabama, Arkansas, and Georgia. She is a professional development specialist of middle grades mathematics at the Columbus Regional Mathematics Collaborative at Columbus State University (CSU) and an adjunct instructor in the College of Education. Hope has also tutored privately for many years, working with upper elementary through high school students in English/ language arts and mathematics. Hope was educated in the Auburn, Alabama public schools, holds a B.S. from Auburn University, and a M.Ed. from the University of Georgia. Hope is finishing her specialist degree at CSU.

**College Resource Center partners are members of SACAC (Southern Association of College Admission Counselors) and Jean Flowers is a Professional Member of IECA (Independent Educational Consultants)*

Member Spotlight- Cheryl Tate

For 35 years, Cheryl Tate has worked for the Columbus Consolidated Government Information Technology Department. After beginning her career as a Mainframe programmer and being promoted to her current position of Technical Operations Manager, she hopes to become Director of the Department as the current director (who happens to be her husband of 29 years) retired last month!



Being a Mary Kay Beauty Consultant for almost 10 years is what Cheryl considers her fun job! She loves enriching women's lives by making them look and feel beautiful and enjoys giving great customer service.

Cheryl and Charles have 3 grown children and a son in law who all work for TSYS and the 'baby' is a junior at the University of South Carolina. Their oldest daughter has given them 3 grandchildren, 2-1/2 year old twins plus a 10 month old! They are active at First Baptist Church where they are co-directors of their Sunday school class. Cheryl is a member of the Deacon Board and Finance Committee, sings in the choir, and works with Children's choir. Charles is the Director of the TV Ministry, so you can see Cheryl often if you watch the 11:00 service on Sunday Mornings!

Special Announcements:

Happy Birthday

- Betty Stephens– Aug 9
- Kia Chambers– Aug 16

Membership

Have you invited a guest to visit a Network meeting recently? Bring a friend to a meeting and help us grow this wonderful professional organization.

Condolences

Please keep our president Karen Smith and her family in your thoughts and prayers. Her father passed away Wednesday, July 16.

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From Our President



Karen Smith
Network President

Upcoming Events:

- Jim Blanchard
Leadership Forum:
August 25—26
- Network Annual
Meeting will be held
11/21/2014 11:30 AM @
Green Island.

Since this is the middle of the year, let's review our New Year's resolutions. Did you make any this year? If so, how are you doing with them? Most people that make resolutions in January and have forgotten all about them by February. One way to keep your resolutions is to "see" them. This also applies to your personal and professional goals. Write your goals down and keep them visible. Do not place them in a drawer or file them

away. If you do not see them daily guess what? They are forgotten. Therefore; keep your goals for the week, the month, the year or for your life in a place where you can see them daily.

Speaking of goals, we had a great speaker, James "Kim" Sheek, at our June meeting, who delivered some very good advice on financial and life planning. One of the points he made is that it is never too late to begin financial planning. So if you have not thought about planning for your financial

future, now would be a good time to begin.

I hope you all had a fun and safe 4th of July. See you at the Network meeting!



Do You Know Network Member Mary Jane Galer?

Network member and nonagenarian (90 year old) Mary Jane Galer was born in Texas, orphaned at the age of five, and was lived with aunts and uncles in Canaan, NY and Pittsburgh. Despite a tough childhood, Mary Jane graduated from University of Pittsburgh in 1945 with a B.S. in Education; she also attended Carnegie Institute of Technology (now Carnegie Mellon). Mary Jane earned a Master's in Library Science in 1947 and in the 1970's she obtained post-graduate credits in Political Science from Columbus College (now Columbus State University).

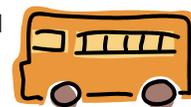


Mary Jane Galer was featured in the Sunday, July 20, 2014 edition of the Columbus Ledger-Enquirer.

From 1960 until 1980 she was a part of the Women's Revolution; participated with the American Association of University Women and joined the faculty of Columbus College in 1967 as a professional librarian. In 1976, she ran for political office and served six terms as a State Representative in the Georgia State Legislature. Mary Jane was an advocate for women's rights and very instrumental in paving the way for women — particularly in the Columbus community. She has been married to retired Lieutenant Colonel Bob Galer for 63 years. The couple has three children and two grandchildren.

Member News and Links

Network is supporting the United Way “**Stuff the Bus**” Campaign collecting new school items for local children in need. Please bring your items or monetary donations to the **July 25th Network meeting** or visit unitedwayofthecv.org to donate directly.



Congratulations to **Laura Brooker** who was awarded the 2014 Network for Professional & Executive Woman Grant. This grant is available to members for course study or special certification to continue or enhance their education or professional advancement. The purpose is to encourage the professional development for our members.



Pet Partners Handler Training Class Are you a health care professional who would like to involve animal assisted therapy teams into your work? Take this opportunity to learn how. Columbus Regional Health is sponsoring a Pet Partners Handler Training Course on Saturday, August 2nd from 9:00-5:00. (Handlers only, no pets) Cost is \$50 for team training manual, course materials, and one hour team evaluation if received by Wednesday, July 23rd.

Columbus Hospice presents a Pet Loss Grief Workshop Contact Katie Greene, LCSW, Volunteer Coordinator at k.greene@columbushospice.com or by calling 706-569-7992 to register to attend one of these dates.

8/11/2014 2-3:30

9/15/2014 5- 6:30

10/20/2014 2-3:30

Someone left an umbrella the night of our “social” at Bareware Pottery. If you are missing your umbrella contact Ursela at (706) 571-0507.

Berry and yogurt smoothie to kick start your day

A berry and yogurt smoothie, is a great way to jump-start your day. The slightly tart flavor is certain to wake you and the nutritious contents will fuel your body, all the way through until lunch time.

½ cup fresh raspberries

1 cup vanilla yogurt

1 small banana

1 x tablespoon honey

4 x [ice cubes](#) (add some [water](#) if you need to)

½ cup fresh strawberries

water as needed

4 ice cubes

½ cup fresh blackberries

1 tab. honey

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