

FOR
PROFESSIONAL &
EXECUTIVE
WOMEN

UPBEAT

July 2009
Volume 19
Issue 7

"Five Qualities of Servant Leadership"



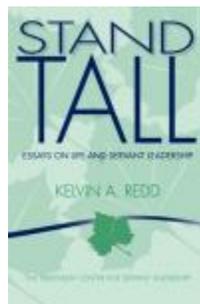
Kelvin A. Redd
Director of the Center for Servant
Leadership at the Pastoral Institute
Author of ***Stand Tall: Essays on
Life and Servant Leadership***

The traditional autocratic and hierarchical manner of leadership are slowly yielding to a newer model - one that attempts to simultaneously enhance the personal growth of the individual and improve the worth and caring of today's emerging and varied organizations. Servant leaders are often considering questions such as:

- Who am I?
- Why am I here?
- What makes me unique?
- Are my actions enabling others to grow as persons?
- Are my actions motivated by honesty and love?

Learn the qualities of a servant leader at this one-of-a-kind personal development presentation that blends the philosophical and the practical with a hands-on approach taken from the most proven leadership philosophy in the world.

You won't want to miss this upbeat, exciting presentation. Don't forget to invite guests to qualify for the quarterly prize! Get them to join and you might win your membership paid for next year!



Kelvin's book will be available for you to purchase at the luncheon. Kelvin will autograph books, too. Cost is \$12.00 for each book.



DON'T FORGET:
We will be located
in the **Swan Room**
for lunch.



Durona Courington
President

Celebrate Our Freedom

July is the month we celebrate our freedom. Here are a few quotes that will help you celebrate the birth of our nation.

"You have to love a nation that celebrates its independence every July 4th, not with a parade of guns, tanks, and soldiers who file by the White House in a show of strength and muscle, but with family picnics where kids throw Frisbees, the potato salad gets iffy, and the flies die from happiness. You may think you have overeaten, but it is patriotism." *Erma Bombeck*

"Those who deny freedom to others deserve it not for themselves." *Abraham Lincoln*

"America is a tune. It must be sung together." *Gerald Stanley Lee*

"We must be free not because we claim freedom, but because we practice it." *William Faulkner*

"The United States is the only country with a known birthday." *James G. Blaine*

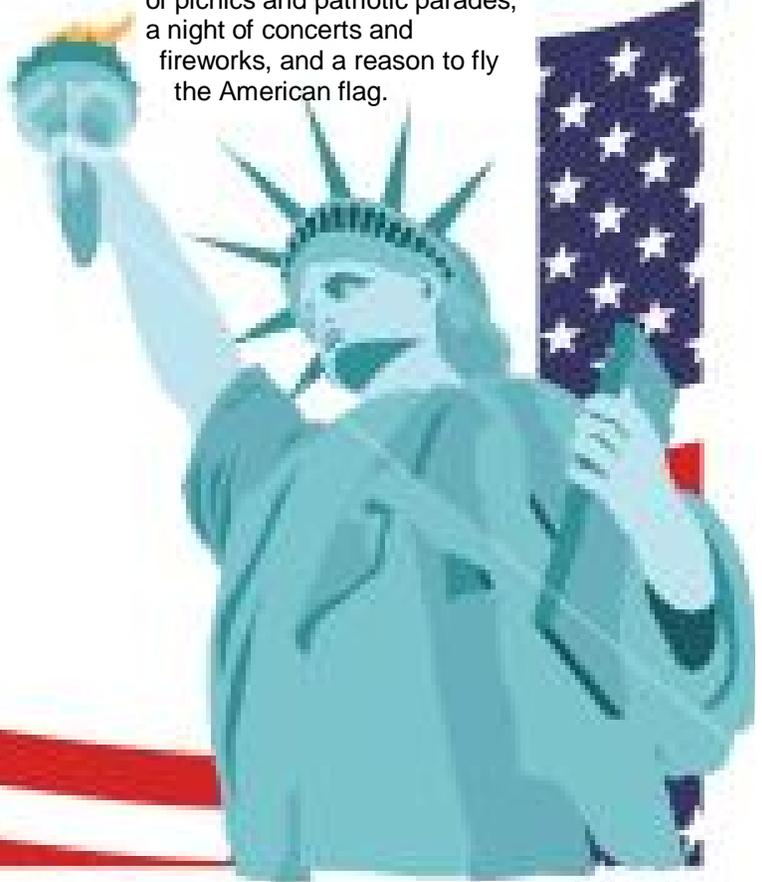
I hope everyone had a wonderful 4th of July. This is the day we are reminded to celebrate our freedom each and every day.

**Take A Moment To
Thank A Veteran**
When you see someone
in a uniform
Someone who serves us all,
Doing military duty,
Answering their country's call,
Take a moment to thank them
For protecting what you hold dear;
Tell them you are proud of them;
Make it very clear.
Just tap them on the shoulder,
Give a smile, and say,
"Thanks for what you're doing;
To keep us safe in the USA!"

—*Joanna Fuchs*

Fourth of July is Independence Day

Independence Day honors the birthday of the United States of America and the signing of the Declaration of Independence on July 4, 1776. It's a day of picnics and patriotic parades, a night of concerts and fireworks, and a reason to fly the American flag.

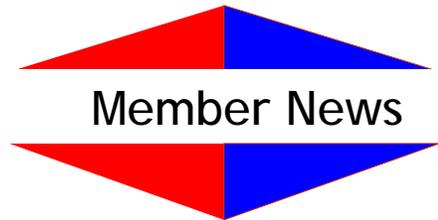




A good many husbands are entirely spoiled by mismanagement in cooking, and so are not tender and good. Some women keep their husbands constantly in hot water. Others let them freeze by their carelessness and indifference. Some keep them in a stew by irritating ways and words. Others roast them. It cannot be supposed that any husband will be tender and good, managed in this way. Turnips wouldn't, onions wouldn't, cabbage heads wouldn't, and husbands won't, but they are really delicious when properly treated.

Make a clear strong, steady fire out of Love, Neatness, and Cheerfulness. Set your husband as near this as seems to agree with him. Add a little sugar in the form called kisses, but no vinegar or pepper. A little spice improves him but it must be used with judgment. Stir him gently. If thus treated, you will find him very digestible, agreeing nicely with you and the children, and he will keep as long as you want, unless you become careless and set him in too cold a place.

— Elizabeth Strong Worthington



Our sympathy goes to **Joanne Cavis** whose husband, Robert, passed away recently. Please remember Joanne and her family in your prayers.

Please join me in congratulating **Judy Talley** for having the most guests attend Network during the First Quarter. She also had three of her five guests join Network. Judy was presented a Gift Book at the June meeting that she will use to select her own personal gift. Great job, Judy!



Please contact Jann McMahan (706) 561-9800 if you need to order a new name tag or replace your old name tag. New members get their first name tag free, however, replacement name tags are \$10.00 each. An order will be placed when we have a minimum of three name tags.



Take 1 large grassy field, 1 dozen children, 2 or 3 small dogs, a pinch of brook and some pebbles. Mix the children and the dogs well, and put in the field, stirring constantly. Pour the brook over the pebbles, sprinkle the field with flowers. Spread over all the deep blue sky and bake in the hot sun. When brown, remove and set away to cool in the bathtub.



NETWORK HAPPENINGS

Networking Opportunities

- Pastoral Institute's Business Resource Center: "Time Mastery" on July 21, 2009.
- Pastoral Institute's Business Resource Center: "Emergenetics: A Meeting of the Minds." on July 23, 2009
- Summit for Threat Preparedness- July 31 and August 1- Contact Mark Lupo at Small Business Development Center
- Cunningham Sales Institute's Quarterly Sales Luncheon- Torrey Wiley-speaker, August 14, 2009
- Jim Blanchard Leadership Forum- August 31 and September 1, 2009
- OnGoing Events: FSU's Flying High Circus, Callaway Gardens
- National Infantry Museum and IMAX theatre

Get out and enjoy our community!

Birthdays

August

- 2 Fern Lasseter
- 4 Darlene Ballard
- 7 Susan Henderson
- 9 Betty Stephens
- 9 Jennifer Miller
- 21 Mary Stewart
- 23 Karen Smith
- 26 Linda Kennedy



September

- 9 Deborah Ammons
- 29 Kim Hoffman

2009 Lunch Dates

- July 24
- August 28
- September 25
- October 23
- November
- Annual Meeting
- Location: TBA

Reservations are required.

Lunch meetings are held on the fourth Friday of each month at Green Island Country Club (except December). Lunch is served at 11:45 AM. Come early and enjoy *networking* beginning at 11:30 AM.

Prospects are encouraged to attend two lunch meetings prior to applying for membership. See a Board Member or the Registration Table at a luncheon to obtain an application and find out more about the qualifications for membership.

Business Networking

By Judy Talley



Networking is business. No, not computer networking, but friendship networking. We're not talking buddy-buddy friends, we're talking someone you can pick up the phone and call when you need something done NOW. This is how people become successful, they network. There are many important things to know about networking in order to be successful.

The first step of making a new... well, we'll call it "business acquaintance," is of course, meeting them! What better way to make new business contacts than at a Network for Professional & Executive Women's luncheon. First impressions are vital and very important. Make sure to explain what business you are in and what exactly your role in the company is. Then show some interest in the other person. Find out exactly how helpful they can be while developing a new friendship.

What about the new "business acquaintance" you've just met in your day-to-day activities? Is she a Network member prospect?

Keep in touch with your new acquaintance; periodically phone her to talk, just so she knows you have not dropped off the face of the earth. Also find way you can help her in her business.

Now, if the time ever comes that you need something from her, you can just pick up the phone and carefully ask. Remember to end the conversation with "I owe you one." Attempt to make as many "business acquaintances" as possible. You never know when you might need a favor or will find yourself in a position to give a favor. Happy Networking!

Board of Directors

President

Durona Courington (706) 320-2704
St. Francis Hospital

Vice President

Jean Richardson (706) 644-0783
CB&T

Immediate Past President

Nancy Williams (706) 571-1482
Columbus Regional

Secretary

Cathy Phillips (706) 687-1240
Buffalo Rock

Treasurer

Kathy Reeves (706) 576-6007
Spring Harbor

Membership

Jann McMahan (706) 561-9800
TriSource Solutions, LLC

Community Resources

Kim Rozycki (706) 569-3055
CSU / Cunningham Center

Hospitality

Susan Henderson (706) 569-3063
CSU

Special Events

Joy Hamilton (706) 596-3062
Communicorp

Awards

Linda Kennedy (706) 327-4112

Partners In Education

Wanda Johnson (706) 569-7992
Columbus Hospice

Dee Langford (334) 732-1473
Delong Global Marketing

Web Master

Judy Talley (706) 649-6400
Business Resource Center ext. 1204

Newsletter Editor

Sommer Bundy (706) 649-2632
CB&T

Next Meeting Friday July24, 2009

Green Island Country Club at 11:45 AM. Remember: Make your reservations today by faxing the reservation form, reservations on the web, www.NetworkForProfessionalWomen.com e-mail, jtalley@pilink.org or call Judy Talley at 649-6400 ext. 1204.

Reservation DEADLINE: July 22, 2009

Do You Have News?

This newsletter is for all members of Network. It is for sharing news of job promotions, job openings, calendar events, family announcements and special awards.

To get your news in *Network UpBeat*, send your articles to Sommer Bundy email: sommerbundy@columbusbankandtrust.com, sunshinesgb@gmail.com or call (706) 649-2631

2008 Board Meeting Dates:

Network Board meetings are all scheduled from 12 Noon to 1:15 PM in the Pastoral Institute's Classroom.

July	28
September	1
September	29
October	27
November	TBA

